

# THE PARASHAH CYCLE

The Torah of תורה

## 54 readings

No.	Parashah	Meaning	Torah	Haftarah	Messianic
1	B'reisheet	In the beginning	Gen 1:1-6:8	Is 42:5-43:11(E), Is 42:5-42:21(H)	Rev 22:6-21
2	Noach	Noah	Gen 6:9-11:32	Is 54:1-55:5(E), Is 54:1-10(H)	Mat 24:36-46
3	Lech L'cha	Go forth, yourself	Gen 12:1-17:27	Is 40:27-41:16	Rom 4:1-25
4	Vayera	and He appeared	Gen 18:1-22:24	2Ki 4:1-4:37(E), 2Ki 4:1-4:23(H)	Luk 1:26-38; 24:36-53
5	Chayei Sarah	life of Sarah	Gen 23:1-25:18	1Ki1:1-1:31	Mat 1:1-17
6	Tol'dot	generations	Gen 25:19-28:9	Mal 1:1-2:7	Rom 9:1-13
7	Vayetzei	and he went out	Gen 28:10-32:2[3]	Hos 12:13-14:10(E), Hos 11:7-12:12(H)	Joh 1:19-51
8	Vayishlach	and he sent	Gen 32:3[4]-36:43	Hos 11:7-12:12, Obadiah1:1-1:21	Heb 11:11-20
9	Vayeishev	and he settled	Gen 37:1-40:23	Amos 2:6-3:8	Mat 1:1-6, 16-25
10	Mikeitz	at the end of	Gen 41:1-44:17	1Ki 3:15-4:1	Mat 27:15-46
11	Vayigash	and he drew near	Gen 44:18-47:27	Ezek 37:15-37:28	Luk 6:12-16
12	Vay'chi	and he lived	Gen 47:28-50:26	1Ki 2:1-12	1Pe 1:1-9
13	Sh'mot	names	Ex 1:1-6:1	Is 27:6-28:13	1Co 14:13-25
14	Va'era	and I appeared	Ex 6:2-9:35	Ezek 28:25-29:21	Rev 16:1-21
15	Bo	enter	Ex 10:1-13:16	Jer 46:13-46:28	Rom 9:14-29
16	B'shalach	when he let go	Ex 13:17-17:16	Jud 4:4-5:31(E), Jud 5:1-5:31(H)	Rev 19:1-20:6
17	Yitro	Jethro	Ex 18:1-20:26[23]	Is 6:1-7:6; 9:5-9:6(E), Is 6:1-6:13(H)	Mat 5:8-20
18	Mishpatim	judgments	Ex 21:1-24:18	Jer 34:8-34:22; 33:25-33:26	Mat 17:1-11
19	T'rumah	offering	Ex 25:1-27:19	1Ki 5:26-6:13	2Co 9:1-15
20	T'tzaveh	you shall command	Ex 27:20-30:10	Ezek 43:10-43:27	Heb 13:10-16
21	Ki Tisa	when you elevate	Ex 30:11-34:35	1Ki 18:1-18:39(E), 1Ki 18:20-18:39(H)	2Co 3:1-18
22	Vayakel	and he assembled	Ex 35:1-38:20	1Ki 7:40-7:50(E), 1Ki 7:13-7:26(H)	Heb 9:1-11
23	P'kudei	accountings of	Ex 38:21-40:38	1Ki 7:51-8:21(E), 1Ki 7:40-7:50(H)	Heb 8:1-12
24	Vayikra	and He called	Lev 1:1-6:7[5:26]	Is 43:21-44:23	Heb 10:1-18
25	Tzav	command	Lev 6:8[1]-8:36	Jer 7:21-8:3; 9:22-9:23	Heb 9:11-28
26	Sh'mini	eighth	Lev 9:1-11:47	2Sa 6:1-7:17(E), 2Sa 6:1-6:19(H)	Heb 7:1-19
27	Tazria	she bears seed	Lev 12:1-13:59	2Ki 4:42-5:19	Luk 7:18-35
28	M'tzora	infected one	Lev 14:1-15:33	2Ki 7:3-7:20	Mat 23:16-24:2, 30-31
29	Acharei Mot	after the death	Lev 16:1-18:30	Ezek 22:1-22:19(E), Ezek 22:1-22:16(H)	1Co 6:9-20
30	K'doshim	holy ones	Lev 19:1-20:27	Amos 9:7-9:15, Ezek 20:2-20:20	Mat 5:43-48
31	Emor	say	Lev 21:1-24:23	Ezek 44:15-44:31	Luk 14:12-24
32	B'har	on the Mount	Lev 25:1-26:2	Jer 32:6-32:27	Luk 4:16-21
33	B'chukotai	in My status	Lev 26:3-27:34	Jer 16:19-17:14	Mat 22:1-14
34	B'midbar	in the Wilderness	Num 1:1-4:20	Hos 2:1-2:22	Rom 9:22-33
35	Naso	elevate	Num 4:21-7:89	Jud 13:2-13:25	Joh 12:20-36
36	B'ha'alot'cha	in your making go up	Num 8:1-12:16	Zech 2:14-4:7	Rev 11:1-19
37	Sh'lach L'cha	send for yourself	Num 13:1-15:41	Jos 2:1-2:24	Heb 3:7-4:1
38	Korach	Korah	Num 16:1-18:32	1Sa 11:14-12:22	Act 5:1-11
39	Chukat	ordinance of	Num 19:1-22:1	Jud 11:1-11:33	Joh 3:10-21
40	Balak	Balak	Num 22:2-25:9	Mic 5:6-6:8	Rom 11:25-32
41	Pinchas	Phinehas	Num 25:10-29:40[30:1]	1Ki 18:46-19:21	Joh 2:13-25
42	Matot	tribes	Num 30:1[2]-32:42	Jer 1:1-2:3	Act 9:1-22
43	Mas'ei	journeys of	Num 33:1-36:13	Jer 2:4-28; 3:4(E), Jer 2:4-28; 4:1-4:2(H)	Jam 4:1-12
44	D'varim	words	Deu 1:1-3:22	Is 1:1-1:27	Act 7:51-8:4
45	Va-etchanan	and I pleaded	Deu 3:23-7:11	Is 40:1-40:26	Mat 23:31-39
46	Ekev	as a result	Deu 7:12-11:25	Is 49:14-51:3	Heb 11:8-13
47	R'eih	see	Deu 11:26-16:17	Is 54:11-55:5	Joh 7:37-52
48	Shof'tim	judges	Deu 16:18-21:9	Is 51:12-52:12	Mat 3:1-17
49	Ki Teitzei	when you go out	Deu 21:10-25:19	Is 54:1-54:10	1Cor 5:1-5
50	Ki Tavo	when you enter in	Deu 26:1-29:9[8]	Is 60:1-60:22	Luk 24:44-53
51	Nitzavim	you are standing	Deu 29:10[9]-30:20	Is 61:10-63:9	Joh 15:1-11
52	Vayelech	and he went	Deu 31:1-30	Is 55:6-56:8	Rom 10:1-17
53	Ha-azinu	give ear	Deu 32:1-52	2Sa 22:1-22:51	Rom 10:17-11:12; 12:19; 15:9-10
54	V'zot Ha'Bracha	and this the blessing	Deu 33:1-34:12	Jos 1:1-1:18(E), Jos 1:1-1:9(H)	Rev 21:9-22:5

