



# Shabbat Prayers





# PRAYER

Abba YAH, You called us into a loving relationship with You. We come to You in the Name of our Master and Savior, יהושע Ha'Mashiyach. We place ourselves on Your altar, heart, mind, body, and soul. We surrender all self will, our cares, and our ways, and ask You to take control. For too long, we've been a stubborn and stiff-necked people. We have sought our own way of doing things, rather than seeking to do Your will.

Please forgive us of our transgressions and wash us of our uncleanness. Please remove iniquity from our life and make us new!

Please teach us Your ways and Your laws. Write them upon our heart, so that we do not stray away from You any longer!

“All the Words which יהוה has spoken we shall do.”

“יהוה our Alahym we serve, and His voice we obey.”

Oh, YAHUAH, circumcise our hearts to love and fear You and to guard all Your commands always, so that it might be well with us and with our children forever!

In the Migthy, Matchless Name of יהושע Ha' Mashiyach we pray. Aman, Selah, HallalYAH.

# Tehillim 119:1-16



**Aleph** Blessed are the perfect in the way, who walk in the Torah of יהוה! Blessed are those who observe His witnesses, who seek Him with all the heart!

Yes, they shall do no unrighteousness; they shall walk in His ways. You have commanded us to guard Your orders diligently. Oh, that my ways were established to guard Your laws! Then I would not be ashamed, when I look into all Your commands. I thank You with uprightness of heart, when I learn the right-rulings of Your righteousness. I guard Your laws; Oh, do not leave me entirely!

**Bět** How would a young man cleanse his path? To guard it according to Your word. I have sought You with all my heart; Let me not stray from Your commands! I have treasured up Your word in my heart, that I might not sin against You. Blessed are You, O יהוה! Teach me Your laws. With my lips I have recounted all the right-rulings of Your mouth. I have rejoiced in the way of Your witnesses, As over all riches. I meditate on Your orders, and regard Your ways. I delight myself in Your laws; I do not forget Your word.



# ABINU

**Our Father who art in heaven, Set-  
apart is thy Name.**

*Avinu shebashamayim,yitkadesh  
shimkha.*

**Thy kingdom come. Thy will be done  
in earth, as it is in heaven.**

*Tavo malkhutekha ye'asehr'tzonekha  
ba'aretz ka'asher na'asah vashamayim.*

**Give us this day our daily bread.**

*Ten-lanu haiyom lechemchukeinu.*

**And forgive us our debts, as we  
forgive our debtors.**

*u'selach-lanu et-ashmateinuka'asher  
solechim anachnula'asher ashmu lanu.*

**And lead us not into temptation, but  
deliver us from evil.**

*Ve'al-tevieinu lidei massah, kiim-  
hatsileinu min-hara.*

**For thine is the kingdom, and the  
power, and the esteem, for ever.**

**Aman.**

*Ki lekha ha-mamlakhahagevurah  
veha-tiferet'olemei olamim. Aman.*

# SHEMA



And O ~~w~~~~y~~~~a~~~~s~~~~h~~~~a~~~~r~~~~a~~~~'~~~~A~~~~i~~ answered him, "The first of all the commands is, 'Hear, O Yashara'Al, ~~א~~~~ל~~~~ה~~~~י~~~~מ~~~~י~~~~ם~~ our Alahiyim, is one. And you shall love ~~א~~~~ל~~~~ה~~~~י~~~~מ~~~~י~~~~ם~~ your Alahiyim with all your heart, and with all your being, and with all your mind, and with all your strength.'

This is the first command."

**Mark 12:29 - 30 TS2009**

"Hear, O Yashara'Al: ~~א~~~~ל~~~~ה~~~~י~~~~מ~~~~י~~~~ם~~ our Alahiyim, ~~א~~~~ל~~~~ה~~~~י~~~~מ~~~~י~~~~ם~~ is one!

And you shall love ~~א~~~~ל~~~~ה~~~~י~~~~מ~~~~י~~~~ם~~ your Alahiyim with all your heart, and with all your being, and with all your might. And these Words which I am commanding you today shall be in your heart, and **you shall impress them upon your children, and shall speak of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise up**, and shall bind them as a mark on your hand, and they shall be as frontlets between your eyes. And you shall write them on the doorposts of your house and on your gates.

**Dabarim (Deuteronomy) 6:4-9 TS2009**

# AHARONIC BLESSING



And אהרן spoke to Mashah, saying,

"Speak to Aharan and his sons, saying,  
'This is how you bless the children of  
Yashara'Al. Say to them:

" אהרן bless you and guard you;  
אהרן make His face shine upon you,  
and show favor to you;  
אהרן lift up His face upon you, and  
give you peace." "

"Thus they shall put My Name on the  
children of Yashara'Al, and I Myself shall  
bless them."

**Bamadbar (Numbers) 6:22-27 TS2009**



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***"Buy the truth, and sell it not; also  
wisdom, and instruction, and  
understanding."***

**-- Mishle / Proverbs 23:23**